

# Lightense<sup>™</sup>

Ageless

## User Manual

## LightSense Ageless Instruction Manual

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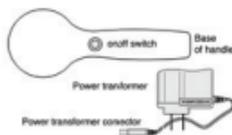
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### Glossary

- **aerosol:** can a sealed metal can that sprays a liquid or foam by pressing a button.
- **Indications for Use:** another way of saying: What does this Light treat and this tells you if it is something that will help you.
- **LED:** an abbreviation for "Light Emitting Diode", which is simply a very small light bulb.
- **nm:** an abbreviation for the word "nanometer", which refers to a numbered measuring system of the different colors of light. For example, 660nm is light that is red.
- **Infrared:** a range of invisible light that starts at about 750 nanometers, at just beyond the range of visible red light. For example, one of the ranges of light that LightSense Ageless uses is 855nm infrared.
- **Over-The-Counter:** means that it can be sold in stores without a prescription and is abbreviated as OTC.
- **facial wrinkles:** fine lines and wrinkles on the face.

### LightSense Ageless

LightSense Ageless is a hand-held LED device. It has 4 types of LEDs: 605nm amber, 630nm red, 660nm red, and 855nm infrared and it uses a 9-volt power transformer that plugs into the wall. It is designed to last many years



### What does this Light treat and is it for you?

**Indications for Use:** LightSense Ageless is an Over-The-Counter hand-held device that is intended to use in the treatment of full-face wrinkles. This Light was designed for people who have these types of wrinkles and would like to treat and reduce them. See example:



Some examples of wrinkles. If you have wrinkles on your face this is the correct Light for you.

### Risks

- The risks and dangers of using the Light in any way that does not follow this Instruction Manual might be: unknown, the negative effects might be unknown, and if a negative effect might happen or not is also unknown. Use the Light only as described within this Instruction Manual.
- The risks and dangers of using the Light before reading and applying the information in the Risks, Warnings, Cautions and Precautions sections of the Instruction Manual might be: unknown, the negative effects might be unknown and if a negative effect might happen or not is unknown.
- This Light was not tested for use over the eye, the eye socket or eyelid and the risks of doing so are unknown. **Do not** use the Light on the eyelid.

### Warnings

Follow these Warnings to reduce your risk of serious or fatal electrical shock or fire:

- **Do not** use LightSense Ageless when there is a possibility of falling asleep and rolling over onto the device. This type of situation could block air flow to the LEDs causing them to become hotter than is safe.
- **Do not** use the Light where it could fall into water or come in contact with water.
- **Do not** use the Light if it or the power transformer has fallen into water or is damaged in any way. Contact the manufacturer immediately.
- **Stop** using the Light immediately if you think there may be something defective or wrong with it. Contact the manufacturer immediately.
- **Do not** bend or abuse the wire of the power transformer, as this can cause an electrical problem.
- **Do not** try to take the Light apart. It was not designed to be taken apart. If you or someone else has tried to take the Light apart, contact the manufacturer immediately.
- **Do not** use any other power transformer except the one provided with this Light.

- Do not use the Light while in the same room as someone using an oxygen tank or an aerosol can because of risk of fire.

### **Cautions**

- Do not use this Light on children and do not allow anyone to use this light except you.
- Do not use this Light if your skin is sensitive to light. People can be sensitive to light and not be aware of it. For example, certain drugs or cosmetics can cause skin sensitivity, as well as other reasons. *The How to Use the Light section will help you to know if your skin is sensitive to light.*
- Do not use this Light if you are pregnant or suspect you may be pregnant without first consulting a doctor. This Light has not been tested for use during pregnancy.
- Contact a doctor immediately if you suspect that you have had a negative reaction from using this Light. Example: redness of the skin lasting 2 hours or more after using the Light. If you do not contact a doctor, the negative reaction may become worse.

### **Precautions**

- Always unplug the power supply from the wall when you have finished using the Light.
- Protect your skin from the sun. The sun may cause wrinkles in the skin and reduce the benefits of this Light.
- Do not store the Light in the sun or on a hot surface. High temperatures may damage the plastic enclosure.
- Do not shine the Light directly into the eyes as this may cause you to see spots for a few moments, similar to staring into any bright light. If you are sensitive to bright light, you may use the goggles that have been provided with this Light. *How to Use the Goggles:* 1) Push elastic cord through both retention brackets of each lens. 2) Position goggles over eyes and adjust to fit around your head by tying a double-knot.

### **Expected Benefits and Clinical Trial Results**

- Although the amount of reduction of fine lines and wrinkles differs with each person, in an 8-week study of 40 participants using devices with our same patented technology, a minimum of 5 days per week, every participant had a visible reduction in fine lines and wrinkles on their face.
- We cannot guarantee you how much of a reduction in your wrinkles you will see at the end of the first 8 weeks of treatments to your face. The best way for you to judge this is to take some photos of the fine lines or wrinkles before you start to use your Light. Then take photos again after 8 weeks or more of treatments to see your results.
- Based on that study, you should expect to see some amount of improvement by the end of 8 weeks.
- A clinical study has not been done to determine if the device can prevent the formation of wrinkles.

### **How to Use the Light**

#### **Test yourself for light sensitivity before using your Light:**

1. Plug the power transformer connector into the opening at the base of the handle.
2. Plug the power transformer into a wall socket. Use an extension cord if needed, as it is important for the power transformer wire to hang loosely from the base of the handle. This is important because as stated in the *Warnings* section of this manual, "Do not bend or abuse the wire of the power transformer, as this can cause an electrical problem."
3. Using the on/off switch, turn the Light on.
4. Check that the device is operating correctly by looking at the LEDs from an angle, so that it is not too bright for your eyes. All the LEDs should be lit except for the Infrared LEDs which are not visible to the human eye.
5. Place the light on your forearm for 3 minutes and then check the area. If it turns red and lasts for more than 2 hours, your skin is light sensitive and you should return the device for a refund. Otherwise you may continue with the following steps below.

As explained in the *Benefits and Clinical Trial Results* section, we suggest that you take a photograph prior to using the Light:

- Cleanse your skin before taking any photos.
- Use a room that is well lit so that your wrinkles will show up in the photos. When taking photos again in 8 weeks or more, have the lighting exactly the same as when you took the first set of photos.
- Take all photos from a close distance.
- If you are able to put your photos on a computer and enlarge them, you will be able to see the changes more clearly. If you have any questions or would like any further help, please contact Customer Service.

#### **Now you are ready to start using your Light:**

- **STEP 1** First cleanse your face.
- **STEP 2** Plug the power transformer connector into the opening at the base of the handle.
- **STEP 3** Plug the power transformer into a wall socket. Use an extension cord if needed, as it is important for the power transformer wire to hang loosely from the base of the handle.
- **STEP 4** Using the on/off switch, turn the Light on.
- **STEP 5** If you find your eyes are sensitive to the light it is recommended to close the eye on the side of the face you will be treating. Place the light gently against an area of your face and hold it there for 3 minutes. The built-in timer will beep at 3 minutes or you can use a clock. Do not place the light directly over the eye, the eye socket, or the eyelid. The light was

not tested for use over the eyelid and the risks of doing so are unknown.

- **STEP 6** Now move the Light to the next area repeating Step 5 until all areas of the face have been treated, then switch your Light off.

- **STEP 7** When you have finished using the light, switch it off and unplug the power transformer from the wall or extension cord and clean the Light. See *Care and Cleaning* in the next section.

- **STEP 8** For best results you should repeat these steps once a day for a minimum of 5 days per week.

### **Care and Cleaning**

This Light is a medical device and it is important to keep it clean. It is recommended that you clean the Light after each use. Follow these steps:

1. Unplug the power transformer from the wall socket.
2. Pull the power cord out of the bottom of the handle.
3. Wipe the tops of the LED bulbs with alcohol wipes or a small amount of rubbing alcohol on a cotton pad or cotton ball.
4. Store your Light where it will not be exposed to sunlight.

### **Troubleshooting**

• Normally when your Light is switched on, you would see 15 Infrared LEDs that look like they are not on. If, upon checking your Light, you see that 18 or more LEDs appear to not be on, turn the Light off and unplug the power transformer from the wall socket. Call the manufacturer, report the problem and ask for a Return Authorization Number.

• If the Light starts to smoke, has flickering lights or will not turn on or off, unplug the power transformer from the wall socket immediately. Do not use again. Call the manufacturer, report the problem and ask for a Return Authorization Number.

### **When Traveling Outside of the Country**

The power transformer will automatically adjust to the correct voltage for any country in the world, but the metal prongs on the plug are the type used in the country you purchased this Light from. You can purchase an electrical plug adaptor for other countries at most tourist shops or electronics stores.

### **Warranty Registration and Limitation of Liability**

- Lightsense has a 5-year repair/replacement warranty that is limited to factory defects or damages caused by shipping. Save your sales receipt for verification. The warranty does not cover damages caused by misuse or abuse, intentional or otherwise.

- Shipping charges are not covered for returns and a copy of your invoice must accompany the return along with a Return Authorization Number.

- Lightsense and any other company or individual having to do with the manufacturing of Lightsense Ageless shall have no liability for a defective product, in any event, which exceeds the purchase price of the product. Additionally, Lightsense and any other company or individual having to do with the manufacturing of Lightsense Ageless disclaims and shall have no liability for general, consequential, special or incidental damages resulting from the use of this product.

### **Money-back Guarantee**

If you have purchased Lightsense and you decide that you have made this purchase in error, simply return it to the same store you purchased it from within 30 days of the original purchase and your money will be refunded. The only conditions being that you must have the original store sales receipt, the Lightsense Ageless device must be in new condition and in the original packaging along with all of the literature and materials supplied at purchase.

### **Customer Service, Repairs and Contact Information**

Mon-Fri 8:30AM-5PM Pacific Time

Phone: (562) 584-0562

Email: [contact@lightsenseskincare.com](mailto:contact@lightsenseskincare.com)

### **Declaration of Conformity**

Lightsense Ageless conforms to the Center for Devices and Radiological Health regulation: CFR 1040.10 and with the International Medical Device EMC / EMI Standard regulations: EN60601-1-2 and EN55011.

### **Contact Lightsense**

Phone: (562) 584-0562

Email: [contact@lightsenseskincare.com](mailto:contact@lightsenseskincare.com)

*If your Light needs repair please call the phone number above for a Return Authorization Number and shipping instructions.*

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